We already have an effective smoking cessation program in place that offers free counseling and free nicotine patches and gum while supplies last. All you need to do is call 1-800-QUITNOW (1-800-784-8669) to get started. You can also find more information about the initiative and how you can become involved by visiting http://www.baltimore health.org/disparities.htm.

We all have the power to attack the number one killer in the United States and live heart-healthy lives. But everyday that we wait to adopt a better lifestyle is another day we put ourselves at needless risk.

HONORING NELSON MANDELA ON HIS 90TH BIRTHDAY

SPEECH OF

HON. LYNN C. WOOLSEY

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, July 15, 2008

Ms. WOOLSEY. Mr. Speaker, I rise today in support of H. Res. 1090 honoring Nelson Rolihlahla Mandela as he celebrates 90 years of life.

Mr. Mandela was born on July 18, 1918, in Transkei, South Africa, where he was given the name Rolihlahla, meaning "troublemaker," which would later seem so fitting. Throughout his early adulthood, he developed his own ideas about the oppression he had experienced which led him to join the African National Congress. His work with the ANC led him to be tried for treason. He was acquitted of the charges, but his strong opposition to South African apartheid continued.

His fight against racial segregation came to a sudden halt when he was convicted and sentenced to life imprisonment for allegedly plotting to overthrow the South African government.

However, 27 years in prison could not diminish the spirit of a great leader. Once released from prison, Mr. Mandela wasted no time in becoming involved with the ANC once again. It was no surprise that this revolutionary man would become the next President of the ANC in 1990, continuing to devote himself to a multi-racial democracy for his country.

Mr. Speaker, Mr. Mandela embodies the dignity, strength, and leadership that all of us should strive for. Our country was founded on the values of freedom and liberty for all, personified undoubtedly by Mr. Mandela. He grasped these ideals and fought to make them a reality for South Africa through commitment unsurpassed by others. The dedication Mr. Mandela displayed, despite the many challenges he encountered, is deserving of our highest respect.

Mr. Mandela has undisputedly contributed to tremendous change with his efforts to peacefully resolve conflicts throughout the world. It is with great pleasure that I commend Mr. Mandela for his lifetime commitment to promoting the vision of freedom and equality for the people of South Africa.

TRIBUTE TO THE HONORABLE LIONEL VAN DEERLIN

HON. JOHN D. DINGELL

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES Thursday, July 17, 2008

Mr. DINGELL. Madam Speaker, I rise to honor our former colleague, and my good friend, the Honorable Lionel Van Deerlin of California. He passed away on May 17th in his San Diego home at the age of 93.

Everybody referred to him as "Van." He served in this House from 1963 until 1981, and was a friend and colleague of mine on the Committee on Interstate and Foreign Commerce. Throughout his career he maintained a marvelous wit and a generous spirit. He was a warm and gentle man.

After his defeat, Van went back to the newspaper business he loved, writing columns for the San Diego Tribune and then the Union-Tribune. In one recent column he decried the bitter partisanship of today's Congress, saying "Twenty-five years ago in Congress you not only trusted the opposing party, you enjoyed their company. Today, they hardly even speak."

During his last 4 years of service, from 1976–80, he was the Chairman of the Communications Subcommittee. It was a tumultuous time to preside over that important panel. The Justice Department had filed an antitrust suit against the then-integrated AT&T, and sought to divest the company of its manufacturing subsidiary, known then as Western Electric. In response to the Justice Department's lawsuit, AT&T's supporters in the Congress introduced the "Consumer Communications Reform Act," which would have ratified AT&T's status as a monopoly.

All of this fell into Van's lap when he be-

All of this fell into Van's lap when he became Chairman of the Subcommittee. At the time, competition in communications was in its infancy. Competitive suppliers of telephone equipment were beginning to spring up. But competition in long distance was still a novelty. Van knew that if the Congress ratified AT&T's monopoly, consumers would have lost an opportunity to shop around and obtain equipment and service for less. So he came up with a plan to forestall the legislation (which was extremely popular) to educate his Subcommittee while giving the competitors an opportunity to gain a foothold in the market-place.

Van announced his intention to draft a "basement to attic" re-write of the Communications Act of 1934. And he proceeded to do just that. In 1978 he introduced H.R. 13015, the "Communications Act of 1978." Although the bill was never approved by the Subcommittee, he compiled an impressive hearing record and began to build the consensus that competition in communications was good for consumers.

The following year he introduced H.R. 3333, another attempt to re-write the Communications Act. Again, the bill was not reported by the Subcommittee; however Van's untiring efforts expanded both the record and the emerging consensus. And in 1980, the year of his defeat, he introduced H.R. 6121, which was approved by both the Subcommittee and the full Committee on Interstate and Foreign Commerce.

In 1980, Van was defeated for re-election. In his concession speech he again dem-

onstrated his wry wit and sage perspective, saying "Having been elected by the people in this district for nine consecutive elections, it would hardly be appropriate to say that they've taken leave of their senses this time." And so ended the career of a remarkable public servant.

But the efforts that he put in motion did not end there. Building on the hearing record that Van compiled, and the growing consensus that competition should govern the delivery of communications products and services, Congress continued its effort to update the Communications Act of 1934. In 1982 those efforts were interrupted by the Justice Department's announcement that it had settled the AT&T litigation. That settlement resulted in the 1984 divestiture of the Bell Operating Companies, and established the industry structure that persisted for the next 15 years.

In 1993 the House revived its efforts to update the 1934 Act, and in June of 1994, by a vote of 423–5, passed H.R. 3626. While the Senate did not complete action on its bill, efforts to update the law commenced anew in 1995. The result was the enactment of the landmark "Telecommunications Act of 1996" the following year.

Those of us who had been involved in these efforts from the beginning recognized that we were building upon the foundation that Van had laid back in 1977 and 1978. He was the visionary that realized that the days of AT&T's monopoly had to end, and he was the one who began the effort to build a consensus in favor of competition.

Early in 1996, the White House contacted my office to see who should be invited to attend the signing ceremony for the "Telecommunications Act of 1996." I suggested that they invite Lionel Van Deerlin, the man who got the ball rolling nearly 20 years before. And so in February, 1996, I entered the Library of Congress to witness the President signing this important new law. And there was Van, my old friend and colleague; smiling as always.

That was the last time that I saw Van. After his defeat I missed his cool-headed leadership and ready wit. It was great to see him that day, and I was glad that he lived to see his efforts come to fruition with the enactment of the new statute. This body has lost a good and decent colleague, who made valuable contributions that extended well beyond his years of service. And I have lost an old and dear friend, whom I will miss. We were better for his presence.

I am inserting for the RECORD the eulogy of former Representative Lynn Schenk.

The following is the text of the Eulogy for Rep. Lionel Van Deerlin, delivered by his friend of 30 years, the Hon. Lynn Schenk, on the occasion of his Memorial and Celebration of Life at St. Paul's Episcopal Cathedral, San Diego, California, at noon, on Saturday, June 14. 2008:

I have been given the high honor of speaking to you today about a most extraordinary man—Lionel Van Deerlin—our dear Van. I thank the Van Deerlin family, his children and grandchildren for this special privilege.

Van's "life journey" was marked by so much accomplishment that it would take hours to recount—I will do my best to touch on the highlights.

This man, with a giant heart, who looked at life through the softening lens of humor, has brought us together today, but he would not want us to mourn him. Instead he would